

Time table for Yoga Course in July(Physical and Virtual)

Week 1(July 5th-9th)

Day	10:30am	5:30pm	7:00pm
July 5 Monday	Preeti Narwade	Anita Revai-bere	Bhagirathi Chaitanya (Virtual)
July 6 Tuesday		Gurugita(Physical)	Bhagirathi Chaitanya (Virtual)
July 7 Wednesday	Preeti Narwade	Anita Revai-bere	Preeti Narwade(Virtual)
July 8 Thursday	Anita Revai-bere	Melinda Irtl(Virtual)	Preeti Narwade(Virtual)
July 9 Friday		Anita Revai-bere	

Week 2(July 12th-16th)

Day	10:30am	5:30pm	7:00pm
July 12 Monday	Preeti Narwade	Anita Revai-bere	Bhagirathi Chaitanya (Virtual)
July 13 Tuesday	Andrea Bozo	Gurugita(Physical)	Bhagirathi Chaitanya (Virtual)
July 14 Wednesday	Preeti Narwade	Anita Revai-bere	Preeti Narwade(Virtual)
July 15 Thursday	Anita Revai-bere	Melinda Irtl(Virtual)	Preeti Narwade(Virtual)
July 16 Friday		Anita Revai-bere	

Week 3(July 19th-23rd)

Day	10:30am	5:30pm	7:00pm
July 19 Monday	Preeti Narwade	Anita Revai-bere	Andrea Bozo
July 20 Tuesday		Gurugita(Physical)	Bhagirathi Chaitanya (Virtual)
July 21 Wednesday	Holiday on the occasion of Eid		
July 22 Thursday	Melinda Irtl	Melinda Irtl(Virtual)	Preeti Narwade(Virtual)
July 23 Friday		Anita Revai-bere	

Week 4(July 26th-30th)

Day	10:30am	5:30pm	7:00pm
July 26 Monday	Preeti Narwade	Anita Revai-bere	Bhagirathi Chaitanya (Virtual)
July 27 Tuesday		Gurugita(Physical)	Bhagirathi Chaitanya (Virtual)
July 28 Wednesday	Preeti Narwade	Anita Revai-bere	Preeti Narwade(Virtual)
July 29 Thursday	Anita Revai-bere	Melinda Irtl(Virtual)	Preeti Narwade(Virtual)
July 30 Friday		Anita Revai-bere	

